AS A PUBLIC HEALTH NURSE, I HELP MY PATIENTS WITH A WIDE RANGE OF NEEDS.

Today, I was looking for free window air conditioners or fans to alleviate my patient’s concerns with heat stroke. When I called Delaware 2-1-1, I was assisted by a friendly representative who was able to set my patients up with free window air conditioners.

—Becky, Public Health Nurse at XX Hospital

AT 23 WEEKS PREGNANT, I WAS WORRIED ABOUT BEING ABLE TO PROVIDE THE BEST HOME FOR MY BABY.

When I called Delaware 2-1-1, the representative I spoke with referred me to public assistance programs such as Medicaid, WIC, and SNAP. She also put me in touch with the Nurse-Family Partnership, where I enrolled and am receiving regular visits from a nurse who has helped me with breastfeeding and educated me about my baby’s developmental milestones.

—Name, Title

MY 8-YEAR-OLD SON IS AUTISTIC.

My 8-year-old son is autistic. I contacted Delaware 2-1-1 trying to find a way to help my son improve his speech skills. Delaware 2-1-1 referred me to Easter Seals, who not only helped my son with his speech, but also with social integration skills. I am so thankful for the extra help and support that I have received for my son.

—Name, Title

Delaware 2-1-1 provides one central resource for access to the health and human service organizations that offer the support to make a difference.

Whether faced with the panic of a natural disaster or struggling to meet everyday basic needs, Delaware residents can rely on 2-1-1 for a direct response and prompt assistance.

This free service is confidential and available when you need it.

Dial Delaware 2-1-1 Monday through Friday from 8 AM—9 PM or visit delaware211.org any time.
Financial assistance

Financial concerns can cause significant stress. Through Delaware 2-1-1, residents can learn more about utility usage; security deposit, rent, and mortgage payments; and medical and other expenses. Understanding the options leads to more effective financial management.

Basic needs

Quality of life starts with meeting the daily needs of food, clothing, and home essentials. Services are available to provide these necessities, whether on a one-time basis or as a source of ongoing support.

Daily life

In addition to referring callers to a wide range of health and human service resources, Delaware 2-1-1 offers specialized programs to address specific needs and situations.

Health

Health issues are often unexpected and frightening, causing emotional strain and anxiety. With one call to Delaware 2-1-1, patients and their families can access emergency services and prompt referrals to organizations that specialize in health issues concerning children, mental illness, and substance abuse. Guidance is also available to help evaluate health insurance options, dental plans, and preventative care through screening and detection.

Looking to share your time and services with those in need?

Delaware 2-1-1 can also connect you to Volunteer opportunities.

Housing

Your home should be a supportive and comfortable foundation—that’s also within your financial means. Delaware 2-1-1 connects people with organizations that provide honest and knowledgeable counsel to those seeking affordable housing and home repair assistance. In times of greater need, turn to Delaware 2-1-1 for resources regarding emergency shelter, transitional housing, and assisted living.

Help me grow

Ensuring children meet developmental milestones is critical to their long-term success. The Help Me Grow program works with families to identify potential behavioral and educational challenges and connects them with the proper resources to support every child’s greatest potential. In addition to calling Delaware 2-1-1, Help Me Grow can be reached by sending a text message to 302-231-1456 (1HMG) from 8 AM—5 PM, Monday through Friday. A Child Development Specialist will respond to inquiries via text message within 15 minutes.

Cancer care helpline

The uncertainties of cancer and its treatment can be overwhelming. The free Cancer Care Helpline provides patients with access to local and national cancer and human service organizations, enabling them to focus on what matters most—beating cancer.

Crisis preparedness and response

Delaware 2-1-1 is a vital tool in times of natural disaster and other serious crises. With one 24-hour source for news updates, critical instructions, and assistance referrals, public officials can share information quickly and easily, and residents can stay safe and informed.
AS A PUBLIC HEALTH NURSE, I HELP MY PATIENTS WITH A WIDE RANGE OF NEEDS.

Today, I was looking for free window air conditioners or fans—many of my patients are concerned about heat stroke. When I called Delaware 2-1-1, I spoke with Lynn, who was very friendly and helpful. She set my patients up with free fans.

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DELWARE 2-1-1
CONNECTING THOSE IN NEED TO CRITICAL COMMUNITY RESOURCES

DIAL 2-1-1
MONDAY THROUGH FRIDAY FROM 8 AM–9 PM

VISIT DELAWARE211.ORG
ANY TIME, DAY OR NIGHT

FIND US ON FACEBOOK
FACEBOOK.COM/DELAWARE211

FIND US ON TWITTER
@DELAWARE211

IN TIMES OF NEED, THE GREATEST CHALLENGE CAN BE KNOWING WHERE TO GO FOR HELP.

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**HOME & HEALTH**

**HOUSING**
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**LEARN MORE**
Trained specialists take the time to listen to the concerns of Delaware 2-1-1 callers and provide referrals to programs that offer valuable support.

Call Delaware 2-1-1 to find out how we can help you in these—and many more—areas of need.

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